

**Gateway Trail Ride**  
**Lunch at Neumann's Bar, North St. Paul**  
**Thursday July 23rd, 2026**



**LOCATION: North St. Paul, Gateway State Trail**  
**Meet at 9:15, Ride at 9:30**

Meet and free-park at the North St. Paul Municipal Parking Lot, on the SE corner of 7th Ave and Margaret Street. We'll proceed along the Gateway Trail to Duluth Junction (Brown's Creek Trail entrance), then back to Neumann's Bar and Grill for a total of 15 miles. We can lengthen the ride if we'd like, going further on the Gateway Trail.

**DIRECTIONS:** Take Highway 36 East to North St. Paul. Exit right on McKnight Rd, then left on 7th Avenue. Proceed to the Municipal Parking Lot, SE corner of 7th Avenue and Margaret Street.

**BIKE TRAIL:**

We'll ride on a totally paved State Trail, through tunnels, over bridges, and experience a variety of scenery. We'll enjoy both urban and country views including North St. Paul's giant snowman, wetlands and farm fields. We'll have lunch at Neumann's Bar and Grill, 2531 7th Ave East, the oldest operating bar in Minnesota, <https://www.neumannsbar.com>

**RSVP: Melinda and Jared Hoke at [melindahoke@midco.net](mailto:melindahoke@midco.net)**  
or (Melinda) 612-618-6919 or (Jared) 612-618-3773

**HELMETS REQUIRED**

In case of bad weather, contact ride leader to find out if ride is cancelled